

ARE YOU A LEFTY OR A RIGHTY— BRAIN, THAT IS?

The cerebrum (thinking brain) is made up of two halves, or hemispheres, connected by a thin cord. The hemispheres work together as a team to perform “thinking” jobs.

Both halves of the brain look exactly the same and work the same way, but they are in charge of different sides of the body. The left hemisphere controls the right side of the body.

For most people, the left side of the brain also controls language activities, such as reading and writing, and skills like those used in mathematics and logical reasoning. The right side of the brain contains the areas that relate to things like color, shape, imagination, creativity, and emotions. Although basically “equal,” one side of the brain is usually “stronger” (or more dominant) than the other.

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