

The First Five



Brownie Meetings

Girl Scouts of Connecticut

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October, 2008

WELCOME to Girl Scout Brownies!

This booklet will help guide you through your first five Girl Scout Brownie meetings and help you begin to plan additional meetings with the girls in the troop. The sample meetings are just that, change them as you like to fit your Brownie troop's needs.

It is also important to meet and speak with the Service Unit team members and other volunteers in your area. Go to the Service Unit meetings and ask questions. Everyone was new at some point and will have great tips to help you in your new role as a Brownie Leader.

This booklet is designed to help new leaders organize their initial troop/group meetings and begin the process of girl planning. Girl Scout Brownie Meetings should be scheduled to best meet the needs of the girls as well as your needs. The sample meetings that are included in this book may be added to or changed to fit your program and the girl's needs. Use them as tools and guidelines. Meetings generally run 60-90 minutes, but it does depend on your troop/group. Older girls may be recruited to assist you in carrying out the program. Girls at all levels should be included in the planning of the activities. Sit down with the girls and ask them what they want to do or give them a choice from the activities in this booklet. Ask the girls about the topics they may be interested in. Give the girls a choice of the activities for every Try-It, Award, or Journey you decide to work on, this is part of the Girl Scout Leadership Experience. As a troop you can decide to work on a single Try-It at a time, or you can alternate activities and complete Try-Its gradually.

As girls arrive early, you may want to use the pre-meeting suggestions. After you hold your opening you can use this time to conduct any business or future planning. It is a time to let the girls take attendance, collect dues and permission slips, have group discussions, etc. Let the girls do as much as they are capable of doing. You can use the attendance sheets from GSUSA or create your own that will allow the girls to take their own attendance and collect their own dues. Try-Its and Patches can be purchased at your council store. Don't be afraid to ask for help. There are many resources out there to assist in your meetings.

MOST IMPORTANT, relax, enjoy yourself and have FUN!!

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1. Overview of the Girl Scout Brownie Program

Girl Scout Brownies understand themselves and their values and use their knowledge and skills to explore the world. Girl Scout Brownies take part in a variety of activities that are linked to the three program keys that are the focus of Girl Scout activities. The three keys are:

1) **Discover**

- Girls will develop a strong sense of self.
- Girls will develop positive values .
- Girls will gain practical life skills.
- Girls will seek challenges in the world.
- Girls will develop critical thinking skills.

2) **Connect**

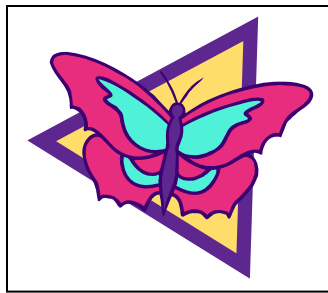
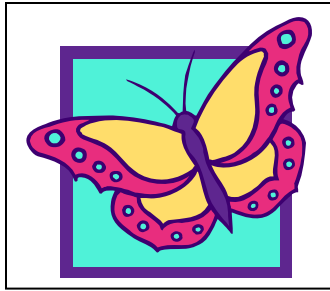
- Girls will develop healthy relationships.
- Girls will promote cooperation and team building.
- Girls will advance diversity in a multicultural world
- Girls can resolve conflicts.
- Girls will feel connected to their communities, locally and globally.

3) **Take Action**

- Girls will be able to identify community needs.
- Girls will be resourceful problem solvers.
- Girls will advocate for themselves and others, locally and globally.
- Girls will educate and inspire others to act
- Girls will feel empowered to make a difference in the world.

These three keys , along with the three processes of Girl led, Learning by doing and cooperative, are the foundation for the Girl Scout leadership experience. When the leadership experience is an integral part of the troop, girls gain skills that will help them make the world a better place. Additional information can be found in [Transforming Leadership](#), [The Brownie Handbook](#) and [The Journey Adult Facilitators Guide](#).

It is important for the girls to make decisions about their troop. This booklet provides you with sample ideas to help you all get started. Remember to include the girls' interests and thoughts when planning future meetings. Expect the girls to take the lead. As girls' skills increase, they take on an even larger portion of the troop planning and decision making process. More information on girl/adult partnership can be found in *Safety-Wise*. Chapter 3. "Your Girl Scout Brownie Troop or Group" in *The Brownies Handbook* will be a big help when you set out to plan additional meetings.



2. Pre-Meeting Suggestions

The pre-meeting activity is an activity to keep the girls busy until everyone arrives, Remember they usually spent a long day at school. Games, songs, talks and room set-up are all useful ideas. Here are some other suggestions: Review these activities and add your favorites to the lesson plans.

Water Penny:

Put a penny on a stable table. Provide girls with a cup of water and an eyedropper. Count how many drops you put on the penny. Introduce the concept of surface tension, but don't expect them to totally grasp the idea.

Sniff Game:

Soak cotton balls in different strong smelling liquids and place each in an individual plastic bag or film container. You might try cologne, coffee, lemon juice, vanilla extract, etc. Let each girl smell each fragrance and classify its scent. Suggest descriptive words: It smells like a flower; medicine; food; fruit. Caution: Be careful about allergies. Emphasize the danger of putting your face into a plastic

Categories:

Have sheets of paper available. A word such as; B R O W N I E is written down one side. Across the top are five categories like: flowers, food, animals, color, girl's name, etc. Girls think of an item to go with each letter.

Leaf Rubbing:

Supplies: paper, leaves, crayons with no paper on them. Place leaf on table (face down works best). Place paper over leaf. Rub the side of the crayon over the paper to get the design of the leaf underneath. Use other colors. Overlap leaves.

Name Game Toss:

As girls arrive have them join you in a circle. Begin by saying your own name and toss a beanbag to a girl. She says her name and tosses the bag. After all the girls have arrived and had the chance to hear each other's names, vary the game by saying your own name and the name of the Girl you are tossing it to.

Animal Antics:

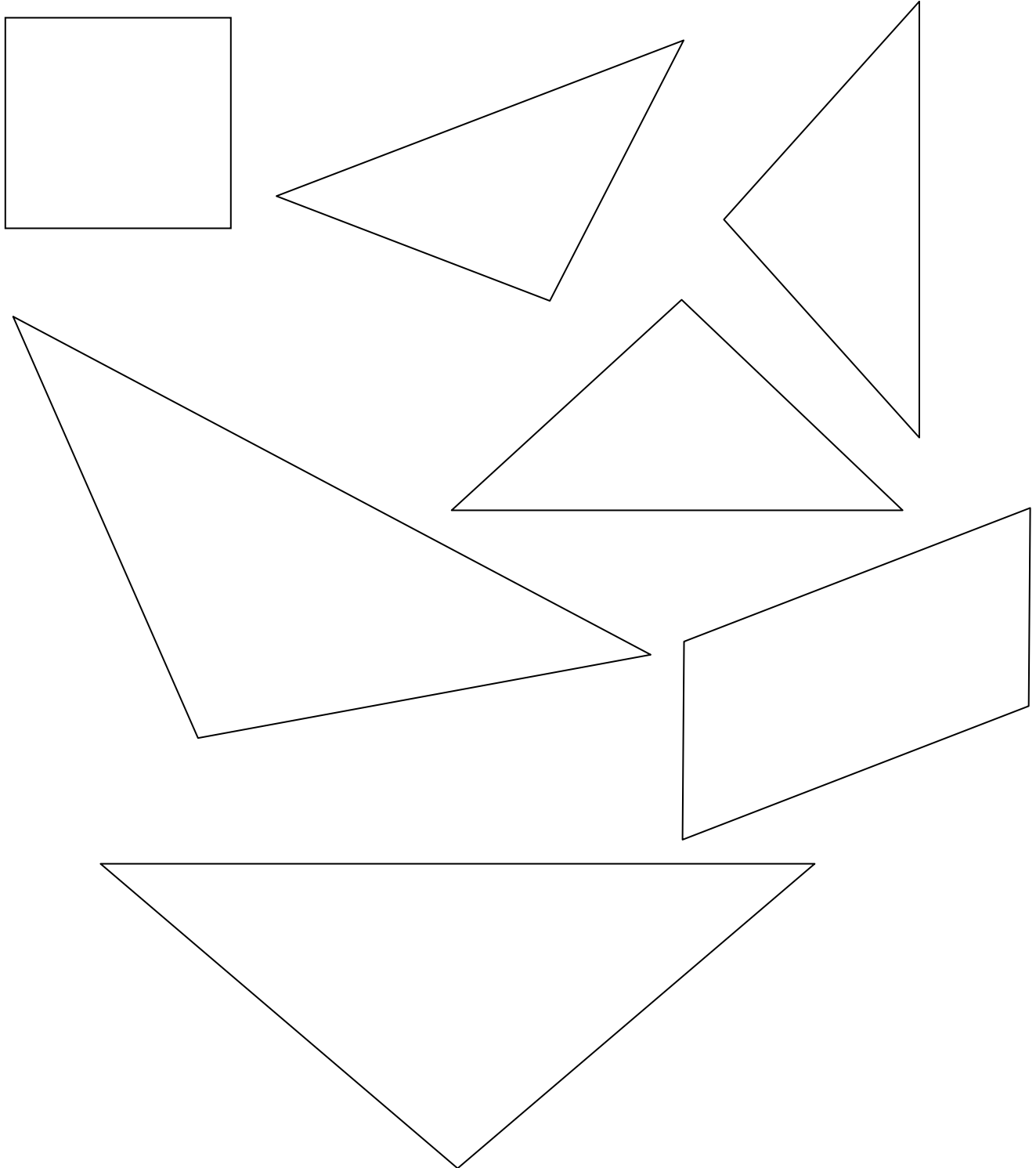
Give each girl a name of an animal or insect from the following list (create your own list): Donkey, Kangaroo, Elephant, Butterfly and Grasshopper. In a group of 20 there would be four of each animal assigned. Have them act out their animal's sound and motions. Each girl is to find all others in the group who are the same animal.

Animal Relay:

You will have four teams with one of each different kind of animal on each team. Mark a start line and finish line on the floor with tape. At the word go, the first "animal" in each line must get to the finish line by moving as her animal would. She also makes her animal's noises as she goes. When she reaches the finish line she must touch it and return to tag the next animal in line. First team to finish wins.

Tangrams:

Use the design below as a model. Cut out the shapes. Use the shapes to create



3. Opening Suggestions

A central activity which lets the girls know the business part of the meeting has actually begun. Some suggestions: Review these activities and add your favorites to the lesson plans.

Flag Ceremony:

Refer to *Ceremonies in Girl Scouting* for proper flag etiquette.

Recite the Promise

"Hi":

The girls simply go around the circle saying, "Hi, Suzy is here, "Hi, Tonya is here, etc..

Promise Relay Race:

Always a favorite with young girls.

Law Puzzle:

The Girl Scout Law is written up on a large sheet of cardboard then cut into puzzle pieces. The girls put the puzzle together.

Brownie Smile Song:

The words may be found in the *Brownie Girl Scout Handbook*.

Girl Scout Promise

On my honor, I will try
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be
honest and fair
friendly and helpful
considerate and caring
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

La Promesa de las Girl Scouts

Por mi honor, yo trataré:
De servir a Dios* y a mi patria,
ayudar a las personas en todo momento,
y vivir conforme a la Ley de las Girl Scouts.

La Ley de las Girl Scouts

Yo me esforzaré a:
Ser honrada y justa
cordial y servicial,
considerada y compasiva,
valiente y fuerte, y
responsable de lo que digo y hago,
y a
respetarme a mí misma y a los demás
respetar la autoridad
usar los recursos de manera prudente,
hacer del mundo un lugar mejor, y
ser hermana de cada una de las Girl Scouts.

* La palabra "Dios" puede ser interpretada de varias maneras, dependiendo de las creencias espirituales de cada uno. Cuando recitas la Promesa de las Girl Scouts, si prefieres, puedes sustituir la palabra "Dios" por otra palabra más acorde con tus creencias espirituales.

4. Main Activity Suggestions

A..Girl Scout Brownies, Let's Get Started

Who is a Brownie Girl Scout? You are, and so are about one and a half million other girls in every part of this country and some other places too.

The Girl Scout Law:

There are 10 main parts to the Girl Scout Law. Find or draw pictures that show people doing each of the 10 parts of the Girl Scout Law or list examples of how people can do each part. See the *Brownie Girl Scout Handbook*.

The Quiet Sign:

Explain that while you are meeting as a troop, you have a special quiet sign. It is used whenever someone has something important to say to the rest of the group. Show the girls the quiet sign. Have them copy. Play a game. Have girls make as much noise as they want, but they must stop as soon as they see the quiet sign.

A Brownie Tale:

Read the modern version of *A Brownie Tale* in the *Brownie Girl Scout Handbook* and have the girls act out the parts.

Girl Scout Brownies Ring:

This helps troops use a special way to work together. This allows the whole troop to share thoughts, ideas and suggestions. It also begins the girl planning

Special Girl Scout Ways: (Brownie Try-It – Girl Scout Ways)

Practice the hand signs and traditions listed below and show them to someone who is new to Girl Scouting:

- Girl Scout handshake
- Girl Scout sign
- Friendship circle
- Friendship squeeze

S'mores: (Brownie Try-It – Girl Scout Ways)

A S'more is a special sweet treat that Girl Scouts love to make. You can make them over a campfire or an inside version. **Watch for food allergies.* You will need:

- Small graham crackers
- mini marshmallows
- chocolate chips

Pass out graham crackers, marshmallows and chocolate chips to each girl. Ask "why do you think they are called S'mores?" (Because they taste so good you want some more.)

B. Taking Care of Yourself

Girl Scout Brownies are special and each girl is different from every other person in the world.

Your Body is One of a Kind:

1. Tape pieces of newsprint (big sheets of paper) together to form a large sheet.
2. Have girls pair up and one lie on their back on the paper.
3. Have their partner take a crayon or marker and trace their body onto the paper.
4. Girls can draw in their faces and clothing to complete this picture of themselves.

Brownie Girl Scout Handbook

Food Pyramid Party Mix:(Watch for food allergies)

- ½ cup dried banana or apple chips
- ¼ cup sunflower seeds
- ½ cup raisins
- ½ cup popcorn
- 2/3 cup granola

Mix the ingredients in a serving bowl. This recipe serves about three people. *Brownie Girl Scout Handbook*

Move to the Beat: (Brownie Try-It – Dancercise)

Practice these movements to your favorite music.

1. March in place
2. Step forward and backward and swing your arms to the sides.
3. Step sideways and swing your arms in circles.
4. Put your hand on your hips and move from side to side.
5. Walk in a circle, lifting your knees very high while clapping your hands.
6. Make up some of your own moves. Do them for at least 10-15 minutes.

Feelings Game: (Brownie Try-It – Healthy Habits)

How we handle with our feelings has an effect on our health. You will need:

- Group of Girl Scout Brownies
 - pencils
 - pack of index cards
 - markers or crayons
1. Draw a picture on an index card that shows a feeling and write the word for that feeling underneath. The emotions on the cards should include: happy, sad, angry, scared, excited, surprised, embarrassed, loving, afraid and upset.
 2. After all the cards are completed, turn the picture face down. The back of the cards should all look alike.
 3. Mix up the cards while they are face down.
 4. Decide who will go first. One at a time, pick up a card. The girl will share with the group a time when she had that feeling.
 5. Keep playing until no cards are left.
 6. You can start over and keep playing.

Group Giggles (Brownie Try-It – Write Away)

To do this activity you will need at least two or three people. Have one girl start the story. She might say for example, "I skipped through a field full of flowers in all the colors of the rainbow when all of a sudden...." Another person continues the story. Keep going until everyone has had a chance to add her part and the story is done.

C. Family and Friends

Families and friends come in all different shapes and sizes. Who are the people who love you? Help you? Have fun with you? Your Family and Friends!

Links in a Chain:

You will need: construction paper in different colors, scissors, tape, pencils or markers.

1. Have the girls cut the paper into strips
2. Each strip stands for a friend or a member of her family. Have each girl write that person's name on one side of a strip of paper.
3. Next to the name, girls should write a word that describes what they like about that person.
4. Tape the two ends of the strip together. Connect another "link" to this one by threading it through the first link and taping its ends together.
5. The girls can share their chains with their families and friends. They can use them to decorate the Girl Scout meeting place for a party.

Brownie Leaders Guide

Differences are OK: (Brownie Try-It – Caring and Sharing)

Many people look different from you. Some have skin or hair that is another color. Some are taller or shorter. One person may see better and another not hear as well. All these people have similar feelings on the inside.

With your Girl Scout troop, find out about ways that you are different from each other. Find out about ways you are the same as others. Choose a partner and stand or sit facing her.

1. Interview your partner. Ask her about her family, where she lives, and her favorite food, activity and movie. Then your partner gets a turn to find out about you.
2. Come together as a group and talk about some of the ways you are different and the same.

Paper Bag Puppet: (Brownie Try-It – Puppets, Dolls and Plays)

You will need: small paper bags, pieces of paper crayons, markers or paint, scissors and glue.

1. Place paper bag flat on table with the bottom fold on top.
2. Draw and color designs on the bottom fold of the bag. This will be the head of your puppet. You can add eyes, ears and hair.
3. Decorate the rest of the bag. What did you make?

American Sign Language:

Refer girls to the *Brownie Girl Scout Handbook*. Have them practice some sign language – maybe even learn how to spell their names or the Girl Scout promise.

D. What's Out There

You live in a home no matter what it is made out of. Outside your home is a neighborhood. Beyond your neighborhood there is a town, city, state, country and even the world. You are a member of all these communities.

Weather Watch Hunt:

Go for a walk outside and refer to the *Brownie Girl Scout Handbook* for a list of things to check off.

*Corp:**

Make up this recipe and enjoy at your next meeting.

- 2 cups of dry cereal
- 1 cup of raisins
- 1 cup of dried fruit (banana chips, apricots, apples, etc.)
- 1 cup of nuts (whichever you like)
- 1 cup of chocolate chips

Mix together and separate into plastic baggies or small cups

** Watch for food allergies*

Brownie Girl Scout Handbook

Weaving Color Patterns: (Brownie Try-it – Colors and Shapes)

You will need: sheets of different colored paper, scissors, ruler, clear tape and a pencil.

1. Use the ruler to draw lines on the colored paper.
2. Make spaces between the lines the width of the ruler.
3. Cut the paper on the lines to make strips.
4. Lay eight or more strips of the same color next to each other evenly.
5. Tape them together very close to the top.
6. Take eight strips of another color.
7. One at a time, weave the strips in and out.
8. If you started on the top for the first row of weaving, start at the bottom for the next one.
9. After you have woven all the strips, cut the extra edges and tape them together.
10. Turn your finished weaving over to see how it looks without the tape showing.

What's an Eclipse?: (Brownie Try-it – Earth and Sky)

A solar eclipse is when the sun is all or partly hidden behind the moon. A lunar eclipse is when the moon is completely or partly darkened by the earth's shadow. You will need: 2 balls of different sizes, a flashlight, 1 or 2 books, a table and a dark room.

The large ball will be the earth and the small ball will be the moon. The flashlight is the sun.

Put the large ball on the table. Place the flashlight (the sun) on the books and shine it at the large ball (the earth). Hold the small ball (the moon) between the earth and the sun. Move the moon until you see its shadow touch the earth. Move it to the side so that the moon's shadow moves across the earth. At one point, the moon causes a solar eclipse – the sun is hidden behind the moon.

Now place the small ball on the opposite side of the large ball. Shine the light of the sun at the large ball. Do you see how the moon is darkened by the earth's shadow? You have created an example of a lunar eclipse.

Weird Glop: (Brownie Try-it – Science in Action)

Almost everything in the world is a solid, liquid or gas. Weird glop isn't really a solid or a liquid. **Do NOT eat it!** You will need cornstarch, ¼ cup water, spoon, measuring cup, bowl and food coloring.

1. Pour the water into the bowl.
2. Add the cornstarch a little at a time while stirring.
3. Keep mixing until all your glop looks and feels the same.

How is weird glop different from water? How is it different from starch? Store the glop in a plastic bag. What can you do with it? Try adding food coloring to make blue, green or red glop.

E. People Near and Far

Bonjour, Hola, Ciao, Shalom, Yahtahey, Nihao, Hello. These are just some of the ways people around the world greet each other.

Lapland Felt Design:

You will need: a square of bright blue felt, scraps of red and yellow felt, sewing scraps – braiding, etc – white glue, pencil, ruler and scissors.

1. Draw triangles on the scraps of red and yellow felt. Use your ruler to make the lines straight. Cut out the triangles.
2. Cut out yellow and red bands from the scraps.
3. Place the triangles and the bands on the blue felt square.
4. Make a design that you like.
5. Add the scraps and trim you haven't used.
6. When you like the final design, glue the felt pieces on the square. Let the glue dry overnight. You can hang your felt square or put it on a table.

Brownie Girl Scout Handbook

Compose a Message: (Brownie Try-it – Creative Composing)

1. A secret message has a code that only you and the receiver of the message know. Before you write your message, you have to create a new alphabet. This is your code. The letter "A" might be a star, "B" a square, "C" a happy face and so on.
2. Write a picture message. Cut out magazine pictures and use them to stand for words or phrases. Combine these with written words.

Singing in Rounds: (Brownie Try-it – Making Music)

To sing in rounds, groups start singing a song at different times. Practice singing "Make New Friends" or "Row, Row Row Your Boat". Split into two groups. Group A sings first. When Group A reaches the second line of the song, Group B starts singing. What other songs can be sung in rounds?

Kim's Game (England): (Brownie Try-it – Playing Around the World)

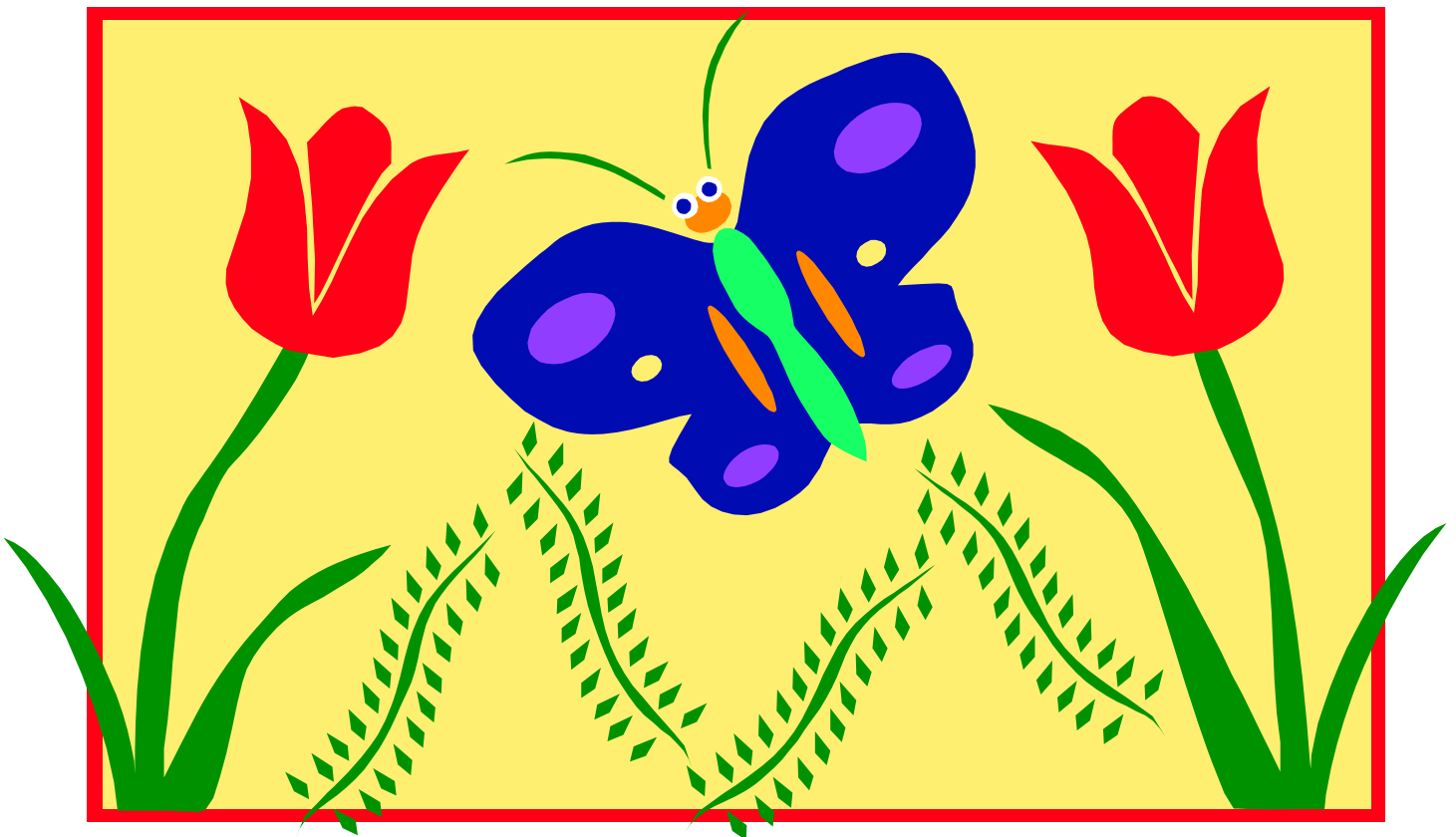
Girl Scouts and Girl Guides all over the world play this game. You will need: 1 or more friends, at least ten (10) small things and a scarf or a piece of cloth.

1. Put ten (10) things on a table. Be sure you can cover all of them with the scarf or a piece of cloth.
2. Show the players the ten (10) things for one minute.
3. Ask the players what was on the table. See if they can list all ten (10) things.

Sheep and Hyena (Sudan): (Brownie Try-it – Playing Around the World)

See if you can keep the sheep away from the hungry hyena! Get a least ten (10) people to play.

1. Players join hands and form a tight circle.
2. The hyena stays outside the circle. The sheep stays inside the circle.
3. The players in the circle have to try to keep the hyena from breaking through the circle to get to the sheep. The game ends when the hyena get the sheep or get too tired to go after the sheep anymore.
4. Two other people become the sheep and hyena.



5. Something Up Your Sleeve

In case the girls finish an activity much quicker than anticipated, you should always have some extra activities up your sleeve. Here are a few suggestions;

- *Games:*
Girl Scout Brownies love to play games they know over and over. Ask them which ones they want to play. Don't forget the old favorites, *Red Light Green Light*, *Tag*, *Jump Rope* or try a new one: *Brownie, Brownie, Juliette*: Similar to "Duck, Duck, Goose" but using our founder.
- *Bubbles:*
Recipe: A gallon of water (minus about ½ cup) about two tablespoons glycerin, about ½ cup dish soap. Create bubble blowers out of telephone wire, coat hangers or a circle of string. Get creative.
- *Fingerprint Pictures:*
Using an ink pad the girls make a fingerprint. Then with a marker, pencil or pen they add some details. A little science may be added by pointing out the lines in a fingerprint and how everyone's fingerprint is different.
- *Alphabet Hike:*
Take an alphabet hike around the room or building finding things that begin with the letter A, B, C, etc.
- *Autograph Book:*
Make an autograph book out of paper and construction paper.



6. Closing Suggestions

The room should be cleaned up before you have closing ceremony. Closing says to the girls that the meeting is over, they can go home now. Some suggestions.

Friendship Circle

Girls stand in a circle with their arms crossed (the right arm over the left), holding hands with the girl next to them.

They May sing **Taps**

They may pass a **Friendship Squeeze**. A gentle squeeze around the circle from girl to girl. Sometimes they like the squeeze to be a **Wish Squeeze**, when it is your turn you get to make a silent wish.

They may pass a verbal goodbye (sometimes the squeeze gets lost).

When the Friendship circle is done the girls can turn around, raising their right arms over their heads and untwisting their arms.

Disappearing Tunnel:

Girls stand in two lines at the door. They are dressed ready to leave. They face each other and hold hands making an arch. The last two girls walk through the arch and out the door. Keep going until the last girls are gone. Close the door and put your feet up! You deserve it.



7. Sample Meetings

Sample Meeting 1

<u>Meeting Component</u>	<u>Activity</u>	<u>Resources Needed</u>	<u>Notes</u>
Pre-Meeting Time Varies	Water Penny- Put a penny on a stable table. Provide girls with a cup of water and an eye dropper. Count how many drops you put on the penny. Introduce the concept of surface tension, but don't expect them to totally grasp the idea	Pennies Eye Dropper Paper Towels Cups of Water	
Opening 5 minutes	Hi- The girls simply go around the circle saying, "Hi, Suzy is here, Hi Tonya is here, ect..."		
Girl Scout Brownie Circle 5 minutes	The Quiet Sign- Explain that while you are meeting as a troop, you have a special quiet sign. It is used whenever someone has something important to say to the rest of the group. Show the girls the quiet sign. Have them copy. Play a game, have the girls make as much noise as they want, but they must stop as soon as they see the quiet sign. Also discuss with the girls about activities they might be interested in for the future. Behavior Promise		

<p>Main Program Activity 20 minutes</p>	<p>THE BROWNIE STORY Read The Brownie Story located on page 29 in the Brownie Handbook. Discuss with them what the story means and if time is available have the girls act out the story, or even create a new story which maintains the same ideas and meaning.</p>		
<p>Snack</p>	<p>Set out snack for this week and assign a helper for next week. You can also use this time to assign someone to bring snack for next week. Next week _____ will bring snack and _____ will set up.</p>		
<p>Closing</p>	<p>Friendship Squeeze Girls Stand in a circle. Put right arm over left. Hold hands. One person gently squeezes her neighbor's hand and the squeeze gets passed around the circle</p>		
<p>Something up your sleeve</p>	<p>Games: Girl Scout Brownies love to play games they know over and over. Ask them which ones they want to play. Don't forget the old favorites, <i>Red Light Green Light, Tag, Jump Rope</i> or try a new one: <i>Brownie, Brownie, Juliette: Similar to "Duck, Duck, Goose"</i> but using our founders name and nickname.</p>		

Sample Meeting 2

<u>Meeting Component</u>	<u>Activity</u>	<u>Resources Needed</u>	<u>Notes</u>
<p>Pre-Meeting Time Varies</p>	<p>Sniff Game: Soak cotton balls in different strong smelling liquids and place each in an individual plastic bag or film container. You might try cologne, coffee, lemon juice, vanilla extract, etc. Let each girl smell each fragrance and classify its scent. Suggest descriptive words: It smells like a flower; medicine; food; fruit. Caution: Be careful about allergies. Emphasize the danger of putting your face into a plastic</p>	<p>Cotton balls Plastic bags or film cannisters Liquids with strong scents</p>	
<p>Opening 5 minutes</p>	<p>Flag Ceremony: Refer to <u>Ceremonies in Girl Scouting</u> for proper flag etiquette.</p>	<p>Flag</p>	
<p>Girl Scout Brownie Circle 5 minutes</p>	<p>Assign someone to take attendance, and someone to collect dues next meeting. Next week _____ will take attendance and _____ will collect dues. Explain to them how to do their task and explain to the girls what a Kaper Chart is. Also discuss with the girls about activities they might be interested in for future Meetings.</p>	<p>Space for the girls to stand or sit in a circle. Materials for Kaper Chart (As a note, a main activity could be creating a troop Kaper chart.)</p>	

<p>Main Program Activity 20 minutes</p>	<p>Compose a Message: (Brownie Try-it – Creative Composing) A secret message has a code that only you and the receiver of the message know. Before you write your message, you have to create a new alphabet. This is your code. The letter “A” might be a star, “B” a square, “C” a happy face and so on. Write a picture message. Cut out magazine pictures and use them to stand for words or phrases. Combine these with written words.</p>		
<p>Snack</p>	<p>Next week _____ will bring snack and _____ will set up.</p>		
<p>Closing</p>	<p>Disappearing Tunnel: Girls stand in two lines at the door. They are dressed ready to leave. They face each other and hold hands making an arch. The last two girls walk through the arch and out the door. Keep going until the last girls are gone. Close the door and put your feet up! You deserve it.</p>		
<p>Something up your sleeve</p>	<ul style="list-style-type: none"> ● Alphabet Hike: Take an alphabet hike around the room or building finding things that begin with the letter A, B, C, etc. 		

Sample Meeting 3

<u>Meeting Component</u>	<u>Activity</u>	<u>Resources Needed</u>	<u>Notes</u>
Pre-Meeting Time Varies	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Opening 5 minutes	Recite the Promise: Teach the girls the Promise. Say it once, and then say each section and have them Repeat after you.		Girl Scout Promise On my honor, I will try To serve God and my country, To help people at all times, And to live by the Girl Scout Law.
Girl Scout Brownie Circle 5 minutes	Discuss any troop business such as Kaper Chart, future programs or trips, and troop meetings		
Main Program Activity 20 minutes	Your Body is One of a Kind: 1. Tape pieces of newsprint (big sheets of paper) together to form a large sheet. 2. Have girls pair up and one lie on their back on the paper. 3. Have their partner take a crayon or marker and trace their body onto the paper. Girls can draw in their faces and clothing to complete this picture of them. <u>Brownie Girl Scout Handbook</u>	Large Newsprint Crayons or Markers	
Snack	Next week _____ will bring snack and _____ will set up.		

<p>Closing</p>	<p>Keep New Friends Teach the girls the Make New Friends Song and sing it in a round.</p>		<p>Make new friends, but keep the old. One is silver and the other's gold.</p> <p>A circle is round, it has no end. That's how long I want to be your friend.</p>
<p>Something up your sleeve</p>	<p>Bubbles: Recipe: A gallon of water (minus about ½ cup) about two tablespoons glycerin, about ½ cup dish soap. Create bubble blowers out of telephone wire, coat hangers or a circle of string. Get creative.</p>		<p>This mixture works best after it has a chance to "set".</p>

Sample Meeting 4

<u>Meeting Component</u>	<u>Activity</u>	<u>Resources Needed</u>	<u>Notes</u>
Pre-Meeting Time Varies	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Opening 5 minutes	Special Girl Scout Ways: (Brownie Try-It – Girl Scout Ways) Practice the hand signs and traditions listed below and show them to someone who is new to Girl Scouting: <ul style="list-style-type: none"> • Girl Scout handshake • Girl Scout sign • Friendship circle Friendship squeeze		
Girl Scout Brownie Circle 5 minutes	Discuss any troop business such as Kaper Chart, future programs or trips, and troop meetings		
Main Program Activity 20 minutes	Investiture invitation Girls decorate the cover of a pre printed invitation to their investiture Ceremony to give their families. At the Investiture Ceremony they will be receiving their Girl Scout pin.	Pre printed invitations Crayons or Markers	
Snack	Next week _____ will bring snack and _____ will set up.		

<p>Closing</p>	<p>Teach the Brownie Smile Song</p>		<p>I have something in my pocket It belongs across my face I keep it very close to me in a most convenient place.</p> <p>I bet you could not guess if you guessed a long long while. So I'll take it out and put it on, it's a great big brownie smile.</p>
<p>Something up your sleeve</p>	<ul style="list-style-type: none"> • Autograph Book: Make an autograph book out of paper and construction paper. 	<p>Paper Stapler Pens</p>	

Sample Meeting 5 Investiture Ceremony

<u>Meeting Component</u>	<u>Activity</u>	<u>Resources Needed</u>	<u>Notes</u>
Pre-Meeting Time Varies	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Opening 5 minutes	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Girl Scout Brownie Circle 5 minutes	Discuss any troop business such as Kaper Chart, future programs or trips, and troop meetings		
Main Program Activity 20 minutes	Investiture Ceremony (After reading the Brownie Story, a mirror can be used to represent the pond in the story. Have the girls spin three times to look into the pond to see themselves. After everyone has done this you can distribute pins. Pin them on upside down over their heart. After they complete three good deeds their pin can be turned right-side up. Everyone can sing the Brownie Smile Song.) THE BROWNIE STORY Read The Brownie Story located on page 29 in the Brownie Handbook.		

Snack	Next week _____ will bring snack and _____ will set up.		
Closing	<hr/> <hr/> <hr/> <hr/> <hr/>		
Something up your sleeve	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		

<u>Meeting Component</u>	<u>Activity</u>	<u>Resources Needed</u>	<u>Notes</u>
Pre-Meeting Time Varies	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Opening 5 minutes	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Girl Scout Brownie Circle 5 minutes	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		

Main Program Activity 20 minutes	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Snack	<hr/>		
Closing	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		
Something up your sleeve	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		

Meeting Tips

- Establish a meeting routine so that the girls will know what to expect. Discuss what girls are expected to do if they need to use the bathroom, are helping clean up, or setting out snack.
- Plan, be prepared, but remain flexible! Some of the best learning experiences are unexpected.
- In total, a Girl Scout Brownie Troop is usually no longer than 1 ½ hours, unless it is a special activity or event.
- Alternate active and quiet activities during the meeting. If you had a quiet Brownie Circle, do an active activity next.
- Use a Kaper Chart (job chart) to ensure each girl has the opportunity to contribute to the troop. A chart alleviates you having to choose someone to help with snack, etc... Alternate Kapers among the girls. (see *The Guide For Girl Scout Brownie Leaders*).
- Touch base with each girl at every meeting. A “hello _____”, or asking what they did in school today shows that you value each girl as an individual.
- Remember to bend down when speaking to a Girl Scout Brownie; meet them at their eye level.
- Keep families involved with newsletters and invitations to help with specific tasks.
- “Check –in “ often – Is the leadership experience alive in the troop?
- Look for characteristics of and tips for working with Girl Scout Brownies in *The Guide For Brownie Girl Scout Leaders* and *Transforming Leadership*.

Relax, let the girls take the lead, and have fun!

8. RESOURCES

The following resources and other materials are available for loan at your local Service Center.

Your best resource and support are at trainings, Service Unit/Leader Meetings and Council Events and other leaders.

- *Brownie Girl Scout Handbook*
- *The Brownie Girl Scout Handbook for Leaders*
- *Try It's for Brownie Girl Scouts*
- *Safety-Wise*
- *GSofCT Program and a Training Yearbook*
- *GSofCT Volunteer Resource Guide*
- *Ceremonies in Girl Scouting*
- *Games for Girl Scout*
- *Trefoil Around the World*
- *Girl Scouts Greatest Hits Volume 1-4*
- *Girl Sports Basics*
- www.girlscouts.org
- www.gsofct.org
 - *Council's Own Patches and Awards Section*
- *Girl Sport Basics*
- *Journeys- It's your world Change it.*
- *Transforming leadership*
- *GSOFACT newsletter- Pathways*
- *Weekly GSOFACT e-blast (e-mail newsletter)*