

The First Five



Daisy Meetings

Girl Scouts of Connecticut
340 Washington Street
Hartford, CT 06106

www.gsofct.org

October, 2008

WELCOME to Girl Scout Daisys!

This booklet will help guide you through your first five Girl Scout Daisy meetings and help you begin to plan additional meetings with the girls in the troop. The sample meetings are just that, change them as you like to fit your Daisy troop's needs.

It is also important to meet and speak with the Service Unit team members and other volunteers in your area. Go to the Service Unit meetings and ask questions. Everyone was new at some point and will have great tips to help you in your new role as a Daisy Leader.

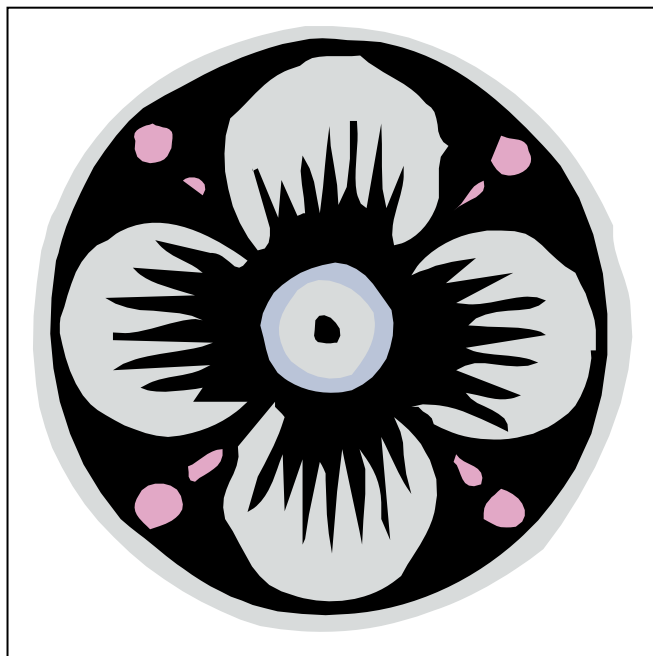
This booklet is designed to help new leaders organize their initial troop/group meetings and begin the process of girl planning. Girl Scout Daisy Meetings should be scheduled to best meet the needs of the girls as well as your needs. The sample meetings that are included in this book may be added to or changed to fit your program and the girl's needs. Use them as tools and guidelines. Meetings generally run 60-90 minutes, but it does depend on your troop/group. Older girls may be recruited to assist you in carrying out the program. Girls at all levels should be included in the planning of the activities. Sit down with the girls and ask them what they want to do or give them a choice from the activities in this booklet. Ask the girls about the topics they may be interested in. Give the girls a choice of the activities for every Petal, Journey or Patch you decide to work on, the girls should take the lead as much as possible. Together, you can decide to work on a single Petal at a time, or you can alternate activities and complete Petals gradually.

As girls arrive early, you may want to use the pre-meeting suggestions. After you hold your opening you can use this time to conduct any business or future planning. It is a time to let the girls take attendance, collect dues and permission slips, have group discussions, etc. Let the girls do as much as they are capable of doing. You can use the attendance sheets from GSUSA or create your own that will allow the girls to take their own attendance and collect their own dues. Petals and Patches can be purchased at your council store. Don't be afraid to ask for help. There are many resources out there to assist in your meetings.

MOST IMPORTANT, relax, enjoy yourself and have FUN!!

Table of Contents

<i>Section</i>			<i>Page</i>
1.	Overview of Girl Scout Daisy Program	3
2.	Pre-Meeting Suggestions	5
3.	Opening Suggestions	6
4.	Girl Scout Daisy Circle	7
5.	Main Activity Suggestions	8
6.	Snack	10
7.	Something Up Your Sleeve	11
8.	Closing Suggestions	12
9.	Sample Meetings	13
10.	Additional Activities	26
11.	Resources	28



1. Overview of the Girl Scout Daisy Program

Girl Scout Daisies understand themselves and their values and use their knowledge and skills to explore the world. Girl Scout Daisies take part in a variety of activities that are linked to the three program keys that are the focus of Girl Scout activities. The three keys are:

1) **Discover**

- Girls will develop a strong sense of self.
- Girls will develop positive values.
- Girls will gain practical life skills.
- Girls will seek challenges in the world.
- Girls will develop critical thinking skills.

2) **Connect**

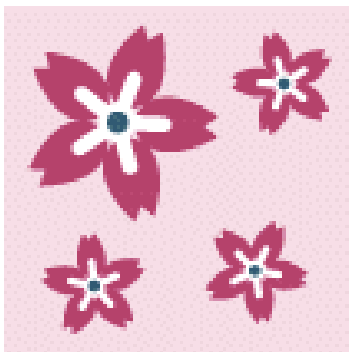
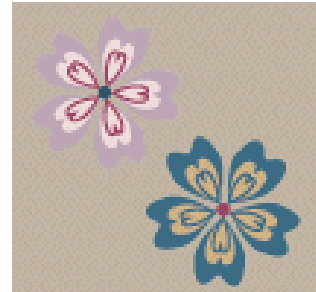
- Girls will develop healthy relationships.
- Girls will promote cooperation and team building.
- Girls will advance diversity in a multicultural world
- Girls can resolve conflicts.
- Girls will feel connected to their communities, locally and globally.

3) **Take Action**

- Girls will be able to identify community needs.
- Girls will be resourceful problem solvers.
- Girls will advocate for themselves and others, locally and globally.
- Girls will educate and inspire others to act
- Girls will feel empowered to make a difference in the world.

These goals and the three processes; Girl Lead, Learning by doing, and Cooperative are the foundation for the Girl Scout Leadership model. More information about Girl Scout Daisy programs and journeys can be found in *The Daisy Girl Scout Handbook*, as well as the *Journeys Adult Facilitator guide books*.

It is important for the girls to make decisions about their troop. This booklet provides you with sample ideas to help you all get started. Remember to include the girls' interests and thoughts when planning future meetings. In the Girl Scouts this is called the girl/adult partnership. As girls' skills increase, they take on an even larger portion of the troop planning and decision making process. More information on girl/adult partnership can be found in *Safety-Wise* Chapter 3, as well as the Daisy Girl Scout Leader book will be a big help when you set out to plan additional meetings



2. Pre-Meeting Suggestions

The pre-meeting activity is an activity to keep the girls busy until everyone arrives. Remember, they've usually spent a long day at school. Games, songs, talks and room set up are useful ideas. Here are some other suggestions: Review these activities and add your favorites to the lesson plans

Alphabet Hike

Pairs of girls search for items in the meeting place that begin with a certain letter.

Shape Hunt

Have girls hunt for things in the room that have a circular shape. When they find one they draw a picture of it on their paper.

Puzzles

Girls work together to finish a puzzle.

Daisy Shape Rubbings

Girls put shapes under the white thin paper.

With the side of the crayon, rub over the white paper. The Daisy shape should appear.

What's in The Bag?

Place one of each pair of items in the bags.

Have girls take turns reaching in one of the bags, & describing an item. While one girl is doing this, another reaches inside the other bag and tries to feel for the described item.

Measure Up!

Tape a large piece of paper to the wall. As girls come in have them stand against the paper and mark off their height. Extra paper can be put out for them to trace their hands & feet.

3. Opening Suggestions

A central activity which lets the girls know the business part of the meeting has actually begun. Some suggestions: Review these activities and add your favorites to the lesson plans. Openings are the time and place for a flag ceremony (Pledge of Allegiance) and saying the Girl Scout Promise. You may wish to sing a song or play an “icebreaker” game, so that the girls have an opportunity to get to know one another.

Girl Scout Promise

Show girls how to form the Girl Scout sign with their right hand.

Hold all your fingers up, and then make your thumb hug your pinky over your palm, like this (demonstrate).

Tell the girls that all over the world Girl Scouts say the Girl Scout Promise. Say the promise once and then ask girls to repeat each line after you say it

Flag Ceremony

Have girls say the pledge of allegiance.

Say the Girl Scout Promise.

Sing “Make new Friends”

Make new friends but keep the old, one is silver and the other’s gold.

A circle is round it has no end, that’s how long I want to be your friend.

Girl Scout Promise

Have girls say, “Hi, I’m _____ and I like to _____.”

4. Girl Scout Daisy Circle

The Girl Scout Daisy Circle is a time to discuss troop matters. You can take attendance, briefly discuss what activities you will be doing that day, or discuss future troop plans. Every Girl Scout program level has a form of troop government. For Daisies it is the Girl Scout Daisy Circle.

Example: *“Today we are going to finish our Girl Scout Daisy circle, make puppets from socks, have a snack, and play a game. Before we leave we will have a friendship circle.” “At our next meeting we will be talking about how we can be considerate and caring. Would you like to make cards for people who don’t feel well, or act out situations that might happen at the playground?”*

Introduction

Have everyone say their name and their favorite ice cream flavor.
Let girls know what to do if they need to use the bathroom.

Quiet Sign

Explain that while you are meeting as a troop, you have a special quiet sign. It is used whenever someone has something important to say to the rest of the group. Show the girls the quiet sign. Have them copy you. Play a game. Have girls make as much noise as they want, but they must stop as soon as they see the quiet sign!

Promise

Discuss the Girl Scout Promise with the girls. Break it into the 3 parts to make this easier. Let them know that as Girl Scouts we “try our best” to do these things. Ask how they would feel about a person who tried to follow the promise. Would they make a good friend? (This activity can be broken up and done a little at a time during Girl Scout Daisy Circles) *When they are familiar with the Girl Scout Promise and it’s meaning, they may receive the Promise Center.*

Run through the day’s agenda.

5. Main Activity Suggestions

This section of the meeting could be two short activities or one longer one. Vary the type of activity at each meeting: activities can be active, quiet, done as a large group, with a partner, or individually. By varying the type of activities girls have the opportunity to learn in a variety of ways. Always have the girls help clean-up after their activities, they are learning to be responsible!

Obstacle course

Place chairs and tables around the room to create an obstacle course. (Guide For Girl Scout Daisy Leaders) (Could be used as part of learning the “courageous and strong” part of the Girl Scout Law.)

Name tags

Girls will decorate their name tag. Write each girl’s name on a pendant. Girls decorate with markers. String gimp through hole and add a bead to represent their attendance at this meeting. Ask girls to wear the nametag every time they come to a meeting.

Act It Out

Help girls see how they can help people at all times in everyday life. Give small groups or pairs of girls situations to act out. Have them think of what they could do to help the person in the situation, and then show the group.

Investiture invitation

Girls decorate the cover of a pre-printed invitation to their Investiture Ceremony to give to their families.

At the Investiture Ceremony they will be receiving their Girl Scout Daisy pin.

Daisy to Daisy

An active game to get the girls moving and interacting with each other! Girls pair up and wait for your direction. Call out directions such as “elbow to elbow”. Partners touch elbows. Continue play with various calls. Every few turns call “Daisy to Daisy”. When Girls hear this, they switch partners.

Investiture Ceremony

Have girls stand in a horseshoe shape, facing families. Put their petal behind them, yellow circle in the center. Leader and girls say, “Each petal of a flower is different as can be. Similar to each other, yet special, just like me”

Together, say the Girl Scout Promise.

Girls sit down, in place. Leader calls each girl up.

Girl puts her petal near the yellow center, receives pin from the Leader, and returns to her place. End by singing "Make New Friends"

Community Pictures

Girls think of a person who helps the community and draw/paint them in their surroundings (at work). They can think of their own, or use one mentioned in their Daisy Circle. Remind them that a community works best when there are a variety of people. When pictures are done, place them together to create a mural of a community.

See How I've Grown!

Discuss how the girls have already grown, what could they do when they were little? Now that they are Girl Scout Daisies? Divide the paper in two halves.

On the left, girls can draw a picture of something they could do when they were babies. On the right, they can draw something they can do now. (optional) Baby and recent pictures can be attached to each half of the girls' paper. Write what the girls said they did as babies and as Daisies.

Community

Discuss what a community is. Have girls list things and people they know are in a community. (You can list these ideas on a large sheet of paper.)

Explain how important all these people are. When they all work together, they make a safe, happy place to live. How can we help those people? (Show respect to them and help take care of the community...)

Story Time

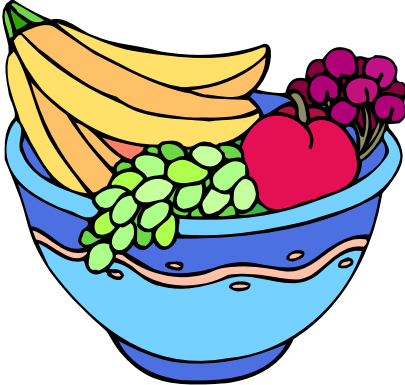
Read a story of courage and strength such as The Little Engine That Could, discuss a time when you were scared or had a challenge to overcome. Let them know how you felt before and after you overcame the challenge.

Ask if they ever feel the same.

6. Snack:

A girl's family can provide a snack, or it could be a simple recipe that is made at the meeting. **Example:** Each girl brings in a small container of cut-up fruit. When the girls

put it all together they create a “friendship salad”. (Healthy snacks help show “respect for myself”)



7. Something up Your Sleeve

These are quick games that require few, if any materials to play. Use a game like this for times when you have a few minutes before the meeting ends or if an activity doesn't work out as planned.

Rainbow Colors

One girl sits in the middle of the circle. She calls out a color from the rainbow and points to one of the other girls. That girl has 7 seconds to say the name of something that is that color. The girl in the middle changes places with any girl who misses an object. (Games for Girl Scouts).

Daisy, Daisy, Juliette

Play this game like "Duck, Duck Goose!" using our founder's given and nick names.

Good Morning Mrs. Phips!

One girl sits with her back to the group. Girls take turns coming up behind the girl, disguising their voice and saying "Good Morning Mrs. Phips!" The girl must name who said "good morning".

Ask girls to share a song or game

Act out different community helpers at work.

What Can You Do Punchinella?

Girls stand in a circle. One girl stands in the center.

Girls in the circle sing "Oh what can you do Punchinella, Punchinella- what can you do Punchinella in a shoe?", as they move clockwise holding hands.

Punchinella shows them a movement (hopping, patting head) as the group copies the movement and sings, "oh we can do it too Punchinella, Punchinella. We can do it too Punchinella in a shoe!"

To choose a next Punchinella, the center girl closes her eyes and spins in a circle. The girl she points at when she stops is next. Girls can sing "Oh, who do you choose Punchinella, Punchinella, Who do you choose Punchinella in a shoe!"

8. Closing Suggestions

The closing lets the girls know that the meeting is over. It is a good idea to gather together in a circle and give them any reminders, i.e., "remember to take home your puppet". You can finish with a song or group activity.

Friendship Squeeze

Girls stand in a circle. Put right arm over left. Hold hands. One person gently squeezes her neighbor's hand and the squeeze gets passed around the circle.

Sing Make New Friends

*Make new friends, but keep the old. One is silver and the other's gold.
A circle is round it has no end. That's how long I want to be your friend.*

Sing Taps

*Day is done, gone the sun-
From the lakes, from the hills, from the sky-
All is well, safely rest, God is nigh-*

Sing a song of the girls' choice.

9. Five Sample Troop Meetings

Sample Daisy Troop Meeting #1 (Introduction of troop members and Promise)

Meeting Component	Activity	Resources Needed	Notes
Pre-Meeting (time varies)	<p>Shape Hunt Have girls hunt for things in the room that have a circular shape. When they find one they draw a picture of it on their paper.</p>	<ul style="list-style-type: none"> • Paper • crayons 	
Opening (5 minutes)	<p>Girl Scout Promise Show girls how to form the Girl Scout sign with their right hand. Hold all your fingers up, and then make your thumb hug your pinky over your palm, like this (demonstrate).</p> <p>Tell the girls that all over the world Girl Scouts say the Girl Scout Promise. Say the promise once and then ask girls to repeat each line after you say it.</p>	<ul style="list-style-type: none"> • Space for girls to stand in a circle. • You may wish to write the Promise on a large piece of paper to use as a reference. 	<p>Girl Scout Promise On my honor, I will try: to serve God and my Country, to help people at all times, and to live by the Girl Scout Law.</p> <p>(Note: The Girl Scout Promise has three parts and when you make the Girl Scout sign you hold up three fingers)</p>
Girl Scout Daisy Circle (5 minutes)	<p>Introduction Have everyone say their name and their favorite ice cream flavor.</p> <p>Quiet Sign Explain that while you are meeting as a troop, you have a special quiet sign. It is used whenever someone has something important to say to the rest of the group. Show the girls the quiet sign. Have them copy you. Play a game. Have girls make as much noise as they want, but they must stop as soon as they see the quiet sign!</p> <p>Let girls know what to do if they need to use the bathroom.</p>		<p>How to make the quiet sign: Raise one hand up high, and close your mouth. When others see someone making the quiet sign, they should do the same.</p>

Main Program Activity (20 minutes)	<p>Name tags Girls will decorate their name tag. Write each girl's name on a pendant. Girls decorate with markers. String gimp through hole and add a bead to represent their attendance at this meeting. Ask girls to wear the nametag every time they come to a meeting.</p>	<ul style="list-style-type: none"> • Thin cardboard (cut into pendant shapes-punch hole at top.) • Markers • Gimp or yarn • Pony beads • Scissors 	<p>Be resourceful: Use cardboard from a shirt or cut apart an empty cereal box. Girls will like to guess what their name tag was from! Or you can glue the printed sides together before the meeting.</p>
Snack (10 minutes)	<p>Set out snack for this week and assign a helper for next week. You can also use this time to assign someone to bring snack for next week. Next week _____ will bring snack and _____ will help set snack out for everyone.</p>		
Closing (5 minutes)	<p>Friendship Squeeze Girls stand in a circle. Put right arm over left. Hold hands. One person gently squeezes her neighbor's hand and the squeeze gets passed around the circle.</p>		
Something Up Your Sleeve	<p>Daisy, Daisy, Juliette Play this game like "Duck, Duck Goose!"</p>	<p>Open space for girls to sit in a circle.</p>	<p>One girl walks around the outside of the circle tapping girls on their heads saying, "Daisy, Daisy, Juliette!" Juliette tries to tag the girl before she gets around the circle and sits in her space.</p>

Sample Daisy Troop Meeting #2 (Discuss the meaning of the Promise, Introduce Law)

Meeting Component	Activity	Resources Needed	Notes
Pre-Meeting (time varies)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Opening (5 minutes)	<p>Flag Ceremony Have girls say the pledge of allegiance. Say the Girl Scout Promise.</p>	<ul style="list-style-type: none"> Flag (may be a small handheld one) 	
Girl Scout Daisy Circle (5 minutes)	<p>Discuss the Promise with the girls. Break it into the 3 parts to make this easier. Let them know that as Girl Scouts we “try our best” to do these things. Ask how they would feel about a person who tried to follow the promise. Would they make a good friend? (This activity can be broken up and done a little at a time during Girl Scout Daisy Circles) <i>When they are familiar with the Girl Scout Promise and it’s meaning, they may receive the Promise Center.</i></p>	<p>Girl Scout Promise On my honor, I will try to serve god and my country. To help people at all times and to live by the Girl Scout Law.</p>	<p>Refer to page 20 of your Leaders’ Guide for information concerning “God” in the Promise. Also on page 20 you will find the Girl Scout Law.</p> <p>To serve God & my country: <i>what does this mean to them?</i> To help people at all times: <i>What can be done to help others around them?</i> Live by the Girl Scout Law: <i>Briefly review the law-it is a lot to comprehend and will be covered at other meetings.</i></p>

<p>Main Program Activities (Two 10 minute activities)</p>	<p>Act It Out Help girls see how they can help people at all times in everyday life. Give small groups or pairs of girls situations to act out. Have them think of what they could do to help the person in the situation, and then show the group.</p> <p>Investiture invitation Girls decorate the cover of a pre-printed invitation to their Investiture Ceremony to give to their families. At the Investiture Ceremony they will be receiving their Girl Scout Daisy pin.</p>	<ul style="list-style-type: none"> • Sample situation ideas: -Someone drops what they are carrying. -A new girl comes to your school and she looks scared. -A sibling is crying. -Your friend trips. • Copies of an invitation to the Investiture Ceremony. • Review ceremony in Sample meeting # 3, so you can explain what the girls will do during the ceremony. 	<p>Be sensitive to girls' comfort level with activities that put them in the center of attention. It would be fine if they wanted to "pass" and watch others act out situations.</p> <p>An Investiture is a way of welcoming someone into Girl Scouts.</p>
<p>Snack (10 minutes)</p>	<p>Set out snack for this week and assign a helper for next week. You can also use this time to assign someone to bring snack for next week. Next week _____ will bring snack and _____ will help set snack out for everyone.</p>		
<p>Closing (5 minutes)</p>	<p>Sing <u>Make New Friends</u> (see to the right)</p>	<p>1) Make new friends, but keep the old, one is silver and the other gold.</p>	<p>2) A circle's round, it has no end, that's how long I want to be your friend.</p>
<p>Something Up Your Sleeve</p>	<p><u>Good Morning Mrs. Phips!</u> One girl sits with her back to the group. Girls take turns coming up behind the girl, disguising their voice and saying "Good Morning Mrs. Phips!" The girl must name who said "good morning".</p>	<ul style="list-style-type: none"> • A chair is nice, but not necessary. 	<p>This game will help the girls remember each others name.</p>

Sample Daisy Troop Meeting #3 (Investiture Ceremony)

Meeting Component	Activity	Resources Needed	Notes
Pre-Meeting (time varies)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Opening (5 minutes)	Pledge of Allegiance, Girl Scout Promise Sing "Make new Friends"	<ul style="list-style-type: none"> Flag 	
Girl Scout Daisy Circle (5 minutes)	Run through the day's agenda.		
Main Program Activity (10 + 10 minutes)	<p>Daisy to Daisy An active game to get the girls moving and interacting with each other! Girls pair up and wait for your direction. Call out directions such as "elbow to elbow". Partners touch elbows. Continue play with various calls. Every few turns call "Daisy to Daisy". When Girls hear this, they switch partners.</p> <p>Investiture Ceremony Have girls stand in a horseshoe shape, facing families. Put their petal behind them, yellow circle in the center. Leader and girls say, "Each petal of a flower is different as can be. Similar to each other, yet special, just like me" Together, say the Girl Scout Promise. Girls sit down, in place. Leader calls each girl up. Girl puts her petal near the yellow center, receives pin from the Leader, and returns to her place. End by singing "Make New Friends"</p>	<ul style="list-style-type: none"> Open space Additional calls such as: <i>hip to hip</i> <i>pinky to pinky</i> <i>back to back</i> <i>toe to toe</i> <i>knee to knee</i> <i>ear to ear</i> <i>thigh to thigh</i> <i>palm to palm</i> One 12" yellow circle of paper. A white paper petal for each girl (write their names on them) Girl Scout Daisy Pin for each girl. (available at Daisy's Knapsack in North Haven) 	<p>This is a variation of a game called "People to People", which can be found in More New Games, Doubleday/Dolphin Press.</p> <p>If you have an odd number of girls and can't make all groups of two (buddies), make one group a "truddy" of three!</p> <p>Girls can develop their own ceremony- there is no "right" way to have an Investiture ceremony. Other ideas can be found in Ceremonies in Girl Scouting.</p>
Snack (10 minutes)	Set out snack for this week and assign a helper for next week. You can also use this time to assign someone to bring snack for next week. Next week _____ will bring snack and		

	_____ will help set snack out for everyone.		
Something Up Your Sleeve	_____ _____ _____ _____ _____	_____ _____ _____ _____ _____ _____	_____ _____ _____ _____ _____
Closing (5 minutes)	Invite families to participate in a Friendship Circle.		

Sample Daisy Troop Meeting #4 (Community Helpers – “Respect Authority” Learning Petal)

Meeting Component	Activity	Resources Needed	Notes
Pre-Meeting (time varies)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Opening (5 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Girl Scout Daisy Circle (5 minutes)	<p>Discuss what a community is. Have girls list things and people they know are in a community. (You can list these ideas on a large sheet of paper.) Explain how important all these people are. When they all work together, they make a safe, happy place to live. How can we help those people? (Show respect to them and help take care of the community...)</p>	<ul style="list-style-type: none"> • Large piece of paper • Marker • Tape to hang paper on the wall. (optional) 	<p>Community Helpers are mentioned on page 79 of your leaders' guide.</p>
Main Program Activity (20 minutes)	<p>Community Pictures Girls think of a person who helps the community and draw/paint them in their surroundings (at work). They can think of their own, or use one mentioned in their Daisy Circle. Remind them that a community works best when there are a variety of people. When pictures are done, place them together to create a mural of a community.</p>	<ul style="list-style-type: none"> • White paper • Crayons or paints 	<p>A great follow-up would be to invite someone into your meeting to discuss what he or she does to help the community.</p> <p>You don't have to tape the girls' pictures together, the girls will want to take their own picture home.</p> <p>These activities relate to the “respect authority” Learning Petal.</p>
Snack (10 minutes)	<p>Set out snack for this week and assign a helper for next week. You can also</p>		

	use this time to assign someone to bring snack for next week. Next week _____ will bring snack and _____ will help set snack out for everyone.		
Something Up Your Sleeve	_____ _____ _____ _____ _____	_____ _____ _____ _____	_____ _____ _____ _____
Closing (5 minutes)	Sing <u>Taps</u> Friendship squeeze	Taps Day is done, gone the sun- From the lakes, from the hills, from the sky- All is well, safely rest, God is nigh-	If you are unsure of tunes and/or words to a song, visit the council stores. Ask others to teach you a song at the Service Unit Meeting.

Sample Daisy Troop Meeting #5 (Courageous and Strong)

Meeting Component	Activity	Resources Needed	Notes
Pre-Meeting (time varies)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Opening (5 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Girl Scout Daisy Circle (5 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Main Program Activity (20 minutes)	<p style="text-align: center;"><u>See How I've Grown!</u></p> <p>Discuss how the girls have already grown, what could they do when they were little? Now that they are Girl Scout Daisies? Divide the paper in two halves. On the left, girls can draw a picture of something they could do when they were babies. On the right, they can draw something they can do now. (optional) Baby and recent pictures can be attached to each half of the girls' paper. Write what the girls said they did as babies and as Daisies.</p>	<ul style="list-style-type: none"> • Large drawing paper • Crayons • Baby pictures (optional) • Recent pictures (optional) 	
Snack (10 minutes)	<p>Set out snack for this week and assign a helper for next week. You can also use this time to assign someone to bring snack for next week. Next week _____ will bring snack and _____ will help set snack out for everyone.</p>		

Something Up Your Sleeve	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Closing (5 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

Sample Daisy Troop Meeting Blank

Meeting Component	Activity	Resources Needed	Notes
Pre-Meeting (time varies)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Opening (5 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Girl Scout Daisy Circle (5 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Main Program Activity (20 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Snack (10 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Something Up Your Sleeve	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

Closing (5 minutes)	<hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/>
------------------------	-------------------------------	-------------------------------	-------------------------------

10. Additional Activities

These are some suggested activities you can use while planning future meetings with the Girl Scout Daisies. Some of these activities can be linked to Daisy Learning Petals, while others are just fun, age appropriate things to do. Both are important to the Girl Scout Daisy Program. Use your judgement to place them at the best time during your meetings.

Active

Counting Tour: Have counting sheets ready with picture clues of items to count.

Examples of things to count include: windows, chairs, table legs, red things...

Name and Likes: Girls stand in a circle. The leader can start. She says: "My name is ____, and I like to... (Act out something obvious like, "sleep"). And now I pass it on to you... (Everyone acts out what she did)

Name Game: Stand in a circle. Pass a soft ball or a stuffed animal to one of the girls- "Mary to Chloe". Chloe chooses another girl to pass the ball to "Chloe to Amanda". Continue until everyone has had a turn. Once the ball has gone around, you can challenge the girls to see if they can repeat the pattern, and how quickly they can do it.

Squirrels In Trees: Girls are in groups of three. Arrange the girls as follows: two girls are a tree, they hold hands. The third girl is a squirrel. She stands in the middle of the tree. There is a girl or two without a tree. When the leader calls out "Squirrels in trees" all the squirrels must find a new home, including the extra squirrels. Occasionally switch trees so that everyone has a turn to run.

Simon Says, What?: Play the same as Simon Says, but say, "this is my nose" and point to your foot. Girls have to listen to the words and follow them, not your movement.

Take a Hike Around the Building or Playground: Hike as something else: a gorilla, a mouse, a bird, or an inchworm. Have girls switch places as the leader of the line, and let them decide what everyone will hike as.

Ribbon Dancing: Give girls long pieces of crepe paper or ribbon, and put on different types of music. Have them change the way they move to each rhythm.

Quiet

Plant A Seed: Be resourceful when looking for a container. Ask girls to bring in something that might have been thrown away- a yogurt cup, a box, an old shoe...

Marble Painting: Cut cereal boxes in half, so that you have two trays. Place a paper in each half. With a plastic spoon put a marble or golf ball in a small dish of paint, then move it onto the paper. Girls make designs by tilting the box back and forth.

Gumdrop Sculpture: Give girls a paper plate, some toothpicks and a handful of gumdrops. See if they can build a square, or another shape by connecting the gumdrops with toothpicks.

Good Deed Papers: Have girls decorate slips of paper that say " A Girl Scout Daisy Was Here". Every time they do a secret good deed, they can leave a slip behind.

Sound Matching: Fill pairs of film containers with different items (a bean, sand, pennies...). Have the girls shake the containers and listen for matching sounds.

Meeting Tips

- Establish a meeting routine so that the girls will know what to expect. Discuss what girls are expected to do if they need to use the bathroom, are helping clean up, or setting out snack.
- Plan, be prepared, but remain flexible! Some of the best learning experiences are unexpected.
- In total, a Girl Scout Daisy Troop meeting is usually no longer than 1 ½ hours.
- Alternate active and quiet activities during the meeting. If you had a quiet Daisy Circle, do an active activity next.
- Use a Kaper Chart (job chart) to ensure each girl has the opportunity to contribute to the troop. A chart alleviates you having to choose someone to help with snack, etc... Alternate Kapers among the girls. (see *The Guide For Girl Scout Daisy Leaders*).
- Touch base with each girl at every meeting. A “hello _____”, or asking what they did in school today shows that you value each girl as an individual.
- Remember to bend down when speaking to a Girl Scout Daisy; meet them at their eye level.
- Keep families involved with newsletters and invitations to help with specific tasks.
- Look for characteristics of and tips for working with Girl Scout Daisies in *The Guide For Girl Scout Daisy Leaders*.
- “Check- In” often! - Is the Leadership experience alive in the troop? Are things girl led? Are the girls learning by doing, and is there an opportunity to work cooperatively? Are there opportunities for girls to Discover, Connect and Take Action?
- **Relax, let the girls take the lead, and have fun!**

11. Additional Resources

- Girl Scouts Greatest Hits vol. 1,2,3,4 – songbooks, tapes and CDs.
- Girl Scout Daisy Activity Book
- The Guide For Girl Scout Daisy Leaders
- Ceremonies In Girl Scouting
- GSofCT Program And Training Book
- GSofCT Volunteer Resource Guide
- Council stores
- GSUSA Journey Adult Facilitator guides
- www.girlscouts.org
- www.gsofct.org
 - Council patches and Awards in form Library
- Service Unit Team Members and other Leaders in your area
- For more, see your Girl Scout Daisy Leaders Guide
- GSOFCT's Newsletter – "Pathways"
- GSOFCT's Weekly e-blast (e-mail newsletter)