



Living the Law

When earning the Living the Law Pin girls demonstrate an understanding of the Girl Scout Law and their ability to incorporate it into her everyday actions which reflects on their character. Girls are encouraged to keep a journal or scrapbook as a reminder to keep Living the Law.

To earn the Living the Law Pin, girls must complete one activity related to part of the Girl Scout Law. She may choose one that is listed or create her own activity. The Living the Law Journal helps with the process. Record what you did in the Living the Law Journal which may be downloaded from the Girl Scouts of Connecticut forms library. When completed, purchase the pin from the Girl Scouts of Connecticut Council Shop.

Honest and Fair

1. Discuss what it means to be honest and fair. How does this fit into your core values?
2. Have an afternoon of fun games. Play fairly.
3. For one week focus on being truthful.
4. My own activity

Friendly and Helpful

1. Share your talent and skills with someone else. Why not teach a new skill?
2. Make a list of qualities that you value in a friend. As a friend what qualities do you possess?
3. Do a service project for others.
4. My own activity

Considerate and Caring

1. Make a thank you card for a veteran, your parent, the organization that hosts your troop or special person.
2. Take a trip to an assisted living center and do a fun activity with the residents.
3. Be considerate to all creatures. Learn how to care for pets. Put on a skit showing others how to be considerate to all creatures big and small.
4. My own activity

Courageous and Strong

1. Draw a picture or write a true story about an incident where you were courageous and strong. Share with others.
2. Make a strong comic strip character, which embodies your strengths and abilities; share with others.
3. Try something new. Sign up for a workshop doing an activity that is out of your comfort zone (public speaking, karate, cooking, etc..).
4. My own activity

Responsible for What I Say and Do

1. Write down all the things you are responsible for in a day. Review the list to help ensure you're meeting your daily tasks.
2. With your group, make a list of troop or house rules. Remember to keep them positive! Discuss how following these rules helps to create a positive community.
3. For one week, be mindful of what you say. Ensure everything you say is something you'd feel comfortable saying in front of a person you respect? Does this change the way people interact with you?
4. My own activity

Respect Myself and Others

1. Show ways to respect yourself by making a collage of healthy habits to keep your body healthy and feeling great.
2. Role play a disagreement, show how to resolve the issue by using respect for yourself and the other person.
3. Exercise three to four times a week and eat healthy foods. Monitor any changes in your mood and energy.
4. My own activity

Respect Authority

1. Learn about your emergency professionals and volunteers in your town. What do they do?
2. Hold a flag retirement ceremony.
3. Get involved in your troop or school governance.
4. **My own activity**

Use Resources Wisely

1. Recycle unused items. Speak to a shelter to identify their needs, collect and donate clothes, games, and any other items needed to fulfill their needs.
2. Track your spending for two weeks. Review how you spent your money. Create a budget for future use.
3. Encourage your family to save energy. Find out how much your electric bill is, and then make efforts to lower it for one month. What was the difference?
4. My own activity

Make the World A Better Place

1. Do a take action project to help resolve an issue in your community.
2. Encourage other girls to Live the Law by talking about Girl Scouts and what it means to you. Discuss some of the things you are doing to earn your Living the Law Pin.
3. "Do a good turn daily" is the Girl Scout slogan. Do it. Encourage others to pass on the gesture.
4. My own activity

Be a Sister to Every Girl Scout

1. Become a pen pal with a Girl Scout from another troop, town, or country.
2. Research the Promise and Law of Girl Scouts and Girl Guides in other countries. How are they similar? How do they differ? My own activity
3. Show your appreciation to an Adult Girl Scout in your town.
4. My own activity

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My Living the Law Journal

Name _____

Honest and Fair

Date: _____

What I did or learned:

Friendly and Helpful

Date: _____

What I did or learned:

Considerate and Caring

Date: _____

What I did or learned:

Courageous and Strong

Date: _____

What I did or learned:

Responsible for What I Say and Do

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Respect Myself and Others

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What I did or learned:

Respect Authority

Date: _____

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Use Resources Wisely

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Be a Sister to Every Girl Scout

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