

## What You'll Need:

Volunteers

Paper to write down answers for all to see or chalkboard.

Taking Basic Field Trip Handout

Taking Basic Field Trip Answers

Volunteer Essentials

Training Book for Adult Volunteers

Safety-Wise

Parent Permission Slip

Troop Trip Application

Time: 10 – 15 minutes

Questions? Comments?  
Contact the Girl Scout  
office nearest you.  
1-800-922-2770  
203-239-2922

[www.gsofct.org](http://www.gsofct.org)

## Taking Basic Field Trips



Girl Scouting focuses on progression in the programs that the girls plan with guidance from adult volunteers. Girls start locally, often within walking distance of their meeting place and gradually increase the scope and sophistication of their trips. By stepping further and further from home, they add to the experiences they have had and bring new horizons into focus. Girl Scout Daisies may visit the local library or fire house while Girl Scout Ambassadors can visit rain forests in

Costa Rica, ski the Alps and snorkel in the reefs of the Caribbean – they know no bounds!

### Instructions:

1. Ask the volunteers to think of places to travel to that Girl Scouts may wish to go. Tell them to think of basic field trips for all the grade levels. Ask the groups to share. Post responses.

*Suggested answers can include:*

Library, Firehouse, supermarkets, restaurants, zoos and aquariums, GSOFCT program centers for simple overnights, Camporees, hotels and resorts, dude ranches -- the possibilities are endless.

2. Make copies of the handout *Taking Basic Field Trips* or call out the questions to see how much the volunteers know about planning and taking basic field trips with girls. Share answers with the group.

If time permits, allow the group to share experiences they have had traveling in their Girl Scout lives.



# What do you know about Taking Basic Field Trips ~ Handout ~

## 1. An appropriate field trip for Girl Scout Daisies would include:

- Fire house, library, dude ranch
- Grocery store, local park, New Hampshire
- Firehouse, downtown park, library
- Overnight trip to a museum, Bronx Zoo, Mystic Aquarium

## 2. Tripping progression would best be reflected in:

- Simple overnights, day trips, meeting time trips, International trips
- International trips, day trips, meeting time trips, simple overnights
- Day trips, simple overnights, International Trips, meeting time trips
- Meeting time trips, day trips, simple overnights, International trips

## 3. Which of the following items should NOT be in a first aid kit?

- Band-aids
- Tri-angular bandages
- A saw
- Hand Sanitizer

## 4. Which of the following may serve as the troop/group's first aider?

- A nurse practitioner
- A tree surgeon
- A truck driver
- An herbologist

## 5. The following statements are true except:

- Parents/Guardians must provide all over-the-counter or prescribed medications to the Leader in their original containers.
- Parents/Guardians should provide written instructions, including dosage, for medications that their Girl Scout may need to administer in the presence of the responsible adult during an outing.
- The Leader should carry all medications except inhalers and epi-pens.
- Leaders need not be aware of any medications a girl may take or allergies she may have.

**6. A back-home contact person's primary role is:**

- Pass on information to parents/guardians if the troop is delayed
- Babysit for the children of the volunteers going on the trip
- Take care of checking for valid insurance cards prior to the trip
- Verify that the girls know about the buddy system

**7. In addition to your Troop Trip Application, what else should be submitted to your Service Unit Manager prior to going on a Basic Field Trip?**

- Financial Report
- A roster containing contact information for girls and adults on the trip
- Registration forms for all girls and adults attending the trip
- A written itinerary

**8. Which of the following planning components can the girls help with?**

- Snacks
- Budgeting
- What to bring
- All of the above

**9. Which of the following are included in the guidelines for men on overnight trips?**

- They need their own sleeping quarters
- They need their own bathrooms
- They need their own changing space
- All of the above

**10. What are the Connecticut state statutes that relate to girls traveling in cars?**

- Girl Scout Daisies can ride in the front seat
- Girl Scout Brownies may drive themselves to meetings
- Connecticut state law requires child restraints for children who are over 6 years of age AND 60 pounds
- Girl Scouts do not need to wear seat belts

**11. To take girls on a three-hour indoor field trip, a leader must complete**

- Out and About
- GSUSA Orientation, GSOFACT Orientation, Leadership Essentials
- GSUSA Orientation, GSOFACT Orientation, First Aid/CPR
- GSUSA Orientation, GSOFACT Orientation, Leadership Essentials, First Aide/CPR

**12. Girls should be included in the evaluation process following a trip because:**

- It helps them communicate better
- It prepares them to plan for their next trip
- It will tell the leaders if they had fun
- All of the above

## Taking Basic Field Trips What do you know? Answer Sheet

1. An appropriate field trip for Girl Scout Daisies would include:

- Fire house, downtown park, library

2. Tripping progression would best be reflected in:

- meeting time trips, day trips, simple overnights, International trips

3. Which of the following items should NOT be in a first aid kit?

- A saw

4. Which of the following may serve as the troop/group's first aider?

- A nurse practitioner

5. The following statements are true except:

- Leaders need not be aware of any medications a girl may take or allergies she may have.

6. A back-home contact person's primary role is:

- Pass on information to parents/guardians if the troop is delayed

7. In addition to your Troop Trip Application, what else should be submitted to your Service Unit Manager prior to going on a Basic Field trip?

- A roster containing contact information for girls and adults on the trip

8. Which of the following planning components can the girls help with?

- All of the above

9. Which of the following are included in the guidelines for men on overnight trips?

- All of the above

10. What are the Connecticut state statutes that relate to girls traveling in cars?

- Connecticut state law requires child restraints for children who are over 6 years of age AND 60 pounds

## Taking Basic Field Trips What do you know? Answer Sheet

11. To take girls on a three-hour indoor field trip, a leader must complete

- GSUSA Orientation, GSOFCT Orientation, Leadership Essentials, First Aide/CPR

12. Girls should be included in the evaluation process following a trip because:

- All of the above

# Taking Basic Field Trips Facilitator's Guide

## 1. An appropriate field trip for Girl Scout Daisies would include:

Volunteer Essentials, p.49; *Safety-Wise*, p. 46-47

- Girl Scout Daisies travel activities include local field trips; those trips that are up to a daylong in duration.

## 2. Tripping progression would best be reflected in:

Volunteer Essentials, p. 49; *Safety-Wise*, p. 46

- As girls grow in their travel skills and experience and can better manage the planning process, they progress to longer trips.

## 3. Which of the following items should NOT be in a first aid kit?

*Volunteer Essentials*, p. 44; *Safety-Wise*, pgs. 38 – 39

- Your first-aid kit should contain standard materials as noted in *Safety-Wise* and in the *American Red Cross manual for First Aid/CPR/AED for Schools and Communities* that accompanies the First Aid course taught through Girl Scouts of Connecticut.
- A general first-aid kit should be available at the meeting place and accompany the girls on any activity.

## 4. Which of the following may serve as the troop/group's first aider?

*Safety-Wise*, p. 37

- A nurse practitioner may serve as a first-aid for Girl Scout groups at level 1 or level 2.
- For a complete list of other acceptable health care providers that can serve as a Troop's first aider, see *Safety-Wise* page 37.
- If you are unsure, contact Jane Bielefield to verify certifications.

## 5. The following statements are true except:

Volunteer Essentials, p. 44; *Safety-Wise*, p. 39

- Leaders **need** to be aware of any medications a girl may take or allergies she may have. Our primary responsibility is the safety of our girls.
- Before you serve peanut butter, cookies, or chips as a snack, ask whether anyone is allergic to peanuts, dairy products, and/or wheat.

## 6. A back-home contact person's primary role is:

*Safety-Wise* p. 44

- Include planning for the unexpected delay when creating troop itineraries. Whether it is a local trip during a Troop meeting or a trip on a weekend, arrange for a back-home contact to provide necessary travel updates to parents/guardians.
- This back-home contact should remain available for the span of the whole trip/activity – from departure to return.

## 7. In addition to your Troop Trip Application, what else should be submitted to your Service Unit Manager prior to going on a Basic Field trip?

[http://www.gsofct.org/pdf/membership/formLibrary/TroopGroup\\_Trip\\_Application\\_Form\\_5530\\_11-11-08.pdf](http://www.gsofct.org/pdf/membership/formLibrary/TroopGroup_Trip_Application_Form_5530_11-11-08.pdf)

- Troop/Group Trip Guidelines:
  - All trips must be approved by the Service Unit Manager or designee and include a complete list of girls and adults attending.
  - Lists should include names, addresses, phone numbers and (preferably) parents/guardians names.

## 8. Which of the following planning components can the girls help with?

*Safety-Wise*, p. 23

- Girls should be included in all aspects of planning including budgeting Even Daisies are capable of making choices!
- Girls need to make choices and plans to mature and develop their competence and self-esteem.

## 9. Which of the following are included in the guidelines for men on overnight trips?

Volunteer Essentials p. 3; *Safety-Wise* page 69

- Standard 13 – Adult Leadership Roles and Responsibilities

## 10. What are the Connecticut state statutes that relate to girls traveling in cars?

Connecticut Department of Transportation

- <http://www.ct.gov/dot/cwp/view.asp?a=1388&q=259444>

## 11. To take girls on a three-hour indoor field trip, a leader must complete

Training Book for Adult Volunteers, p. 7:

- Once a Troop/Group volunteer has completed the application process, GSUSA Orientation, GSOFCT Orientation, and Leadership Essentials, they may go on simple field trips (less than 4 hours to an indoor location during meeting time).

**12. Girls should be included in the evaluation process following a trip because:**

Volunteer Essentials, p. 28; *Safety-Wise*, p. 44

- Not everything goes as we plan. Part of the progression in planning is evaluating the overall experience. How much fun did we have? What would we do differently?
- By allowing girls the opportunity to provide feedback, we help to build a team relationship making space for the development of leadership skills.
- The three leadership processes of girl-led, learning by doing, and cooperative learning are key to the foundation of the Girl Scout Leadership Experience and integral to the girl/adult partnership.
- Allow for Girl-led planning by providing guidance, mentoring and coaching.