

Girl Scouts of Connecticut Acceptable Certifications for Outdoor Activities

Archery

Must have completed one of the following courses (or equivalent) to use archery range and equipment:

- USA Archery Certified Basic Archery Level I Instructor
- National Field Archery Association Certified Basic Archery Level I Instructor
- Archery Instructor (Art Hall)

Canoe

Must have current Lifeguard certificate (see Lifeguard section) AND one of the following courses (or equivalent):

- American Red Cross Small Craft Safety with Canoeing module
 - For Moving Water/River trips-must also add Moving Water module
- American Canoe Association, Level 1 Instructor
 - Whitewater Instructor Certification (for whitewater canoeing) Must include Swiftwater Safety and Rescue and Advanced Swiftwater Safety and Rescue
 - Moving Water Instructor
- Boy Scouts Aquatic Instructor Certification (for river canoeing/flat water canoeing)
- Environmental Learning Centers of Connecticut Basic Canoeing (for river canoeing/flat water canoeing)

Kayak/Funyak/Playak

Must have current Lifeguard certificate (see Lifeguard section) AND one of the following courses (or equivalent):

- American Red Cross Small Craft Safety with Kayak module
 - For moving water/river trips-must also add Moving Water module
- American Canoe Association, Kayak Instructor Level 1 or higher.
 - River Kayaking Instructor, for river trips
 - Kayaking and Moving Water Instructor
 - Coastal Kayaking Instructor, for estuary and ocean kayaking

Rowboat

Must have a current Lifeguard certificate (see Lifeguard section) AND one of the following courses (or equivalent):

- American Red Cross Small Craft Safety with Rowboat, Canoe, Kayak or Sailing module(s)
- Boy Scouts Aquatic Instructor Certification
- US Sailing: Sailing Instructor I or higher

Sailboat

Must have current Lifeguard certificate (see Lifeguard section) AND one of the following courses (or equivalent):

- US Sailing: Sailing Instructor I or higher
- American Red Cross Small Craft Safety with Sailing module

Stand-up Paddleboards (SUPs)

Must have a current Lifeguard certificate (see Lifeguard section) AND one of the following courses (or equivalent):

- American Red Cross Small Craft Safety
- Boy Scouts Aquatic Instructor Certification

Connecticut Safe Boating/Personal Watercraft Certificate(s) is also highly recommended when boating activities take place on navigable rivers or Long Island Sound.

Challenge Course

Must have completed a course (or equivalent course) from one of the following providers in the type of challenge course/elements at a GSOFCT property for which they are responsible, within the past 5 years AND have sufficient experience to lead a program safely. An annotated logbook or portfolio will constitute acceptable proof of training and experience.

- Project Adventure
- High 5
- Absolutely Experiential

Food Service

Must have completed one of the following courses (or equivalent course) to use commercial kitchen and equipment:

- ServSafe (Educational Foundation of National Restaurant Association)
- Thomson Prometric Certified Professional Food Manager
- National Registry of Food Safety Food Handler
- Certified Professional Food Manager
- CT Food Safety Manager

Lifeguard (3 certifications required)

Must have completed one of the following courses (or equivalent course) in the type of property/specialty area for which they are responsible:

- American Red Cross Lifeguard Training Certificate with Waterfront Lifeguard Module, *preferred for boating activities.*
- American Red Cross Lifeguard Training Certificate with Pool Lifeguard Module
- American Red Cross Lifeguard Training Certificate with Waterpark Module
- Royal Bronze Medallion
- Boy Scouts of America Lifeguard Certificate
- National YMCA Lifeguard Certificate

Must have completed one of the following courses in conjunction with the lifeguard certification:

- American Red Cross CPR Certificate for the Professional Rescuer or Health Care Provider
- American Heart Association Health Care Provider CPR Certificate

Must have completed one of the following courses in conjunction with the lifeguard certification:

- American Red Cross First Aid Certificate
- American Heart Association First Aid

To meet the "Instructor" requirement in the Safety Activity Checkpoints for specific boating activities, the instructor or qualified adult position can be filled by one individual or may be shared by more than one person, provided all requirements are met. For example, one adult is a certified lifeguard and a second adult is qualified in the specific boating activity. Additional responsible adult volunteers fill "watcher" positions and fulfill adult/girl ratios.